



SWAN: Scaling Walls a Note at a Time is a support group for children affected by parental incarceration and provides *free* music lessons, ensemble training, performance opportunities and mentoring.

Why Music? Research underscores the importance of music on academics as it improves focus, sharpens reasoning skills and raises IQ levels. Music relieves stress, improves emotional awareness and social skills.

Where? *Free* music lessons are being offered as an after school program at Red Lion Public Schools during the 2019 -20 school year.

Who may apply? Children whose parents/guardians have some history of being in prison. Ages 7 - 18

How to apply: Fill out a SWAN application and deliver it to the school's office or directly mail it to SWAN, PO Box 249, Lyndell, PA 19354. (Applications can be received from the school or online at www.swan4kids.org)

Questions: Contact Brandy Shealer by email shealerb@rlasd.net or call Red Lion School District Office 717-244-5550.